

A worldwide movement in Christian Psychology



Dear students

At the 10th symposium of EMCAPP (European Movement of Christian Anthropology, Christian Psychology and Christian Psychotherapy) that took place from 2-5 May 2011 in Moscow, the idea of considering a worldwide movement of Christian Anthropology, Christian Psychology and Christian Psychotherapy was discussed. This idea aligns with an ecumenical spirit underscoring worldwide Christian unity or cooperation.

It also aligns with the prayer of Jesus in John 17:22-23 where He prays for his disciples (including us):

“That they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.”²² The

glory that you have given me I have given to them, that they may be one even as we are one,²³ I in them, and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.”

The importance of Christian unity is clear as Jesus emphasised that it would be through Christian unity that the world would know He is the Messiah sent by God.

What is the role of Christian Psychology in this regard? As Christian psychologists, anthropologists and psychotherapists unite worldwide to facilitate therapy processes steered by the Holy Spirit and God’s Word the calling of Jesus on his church to care for the poor, heal the broken hearted and set the captives free can be fulfilled worldwide. The unity in diversity underscoring this movement would testify of the Truth. The worldwide movement in Christian Anthropology, Psychology and Psychotherapy refers to a diffusely organised heterogeneous group of professional people representing different countries, Christian theological streams and denominations (diversity) that undertake to move in the world in pursuit of generalised common goals (unity). It furthermore implies an undertaking or commitment to develop ideas progressively for the purpose of furthering the fields of Christian anthropology, psychology and psychotherapy through discourse, analysis, synthesis and practice.

The idea of such a movement is exciting as it would enable the ICP to partner and cooperate with Christian mental health professionals across the world. This cooperation might include the provision of education to prospective psychology students in other countries, opportunities for joined research and the exchange of academic knowledge. Please pray for wisdom as this idea is discussed and actions are planned. Pray that this movement would express our unity in God and his love for the world as John 3:16-17 state:

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish, but have eternal life.¹⁷ For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.”

Prof Nicolene Joubert

LECTURERS & STAFF MEMBERS of 2011



Prof Nicolene Joubert
Nickname: None
How long have you been with the ICP? Since the ICP was founded (2000)
Your role at the ICP: Founder and Head
Qualifications: PhD in Psychology (with specialisation in Christian Psychology)
Alma mater: Northwest

University and University of South Africa

Favourite subject as a student: New Testament Exegesis and Afrikaans-Netherlands Poetry and Literature.

Favourite Movie (s): The girl movies: *The girl with the dragon tattoo*, *The girl who played with fire* and *The girl who kicked the hornet's nest*.

Favourite Song: Our Father (The Lord's Prayer)

Your message to students this year: I urge students to become **yielded** instruments in God's service. Yield your mind and body to God and allow the Holy Spirit to transform you and your life will be well-pleasing to God.



Roché Snyman
Nickname: Ché
How long have you been with the ICP? Since 2001
Your role at the ICP: Subject head (Industrial Psychology, Communication and Sociology) and lecturer

Qualifications: Masters in Counselling Psychology

Alma mater: RAU

Favourite subject as a student: Psychology

Favourite Movie: Shawshank redemption

Favourite Song: Your Grace amazes me (Philips, Craig & Dean)

Your message to students this year: Be who God made you to be, and do it with gusto!

Hennie Scheepers

Nickname: None that I am aware of!

How long have you been with the ICP? Since 2007

Your role at the ICP: Deputy Head

Qualifications: D. Litt et Phil degree in Psychology

Alma mater: RAU

Favourite subject as a student: Either research methodology, or career psychology.

Favourite Movie: Life is way too short, complex and interesting to have any so-called favourites!

Favourite Song: As before, I do not limit myself to having a single favourite of anything! I have a really wide taste in music and will give most a chance.

Your message to students this year:

If you want to succeed in life, you first need to accept the Lord as your saviour and live as a born-again Christian. On a practical level, we need to let our lives reflect the nine fruits of the Holy Spirit: Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.



Elmari Swart

Nickname: None

How long have you been with the ICP? 8 months

Your role at the ICP: ICP Registrar

Qualifications: BA Degree (Cum Laude)

Alma mater: UNISA

Favourite subject as a student: Psychopathology (Abnormal Psychology) and Community Psychology

Favourite Movie: Lord of the Rings Trilogy

Favourite Song: Don't have a favourite song – there are too many to choose from.

Your message to students this year:

Plan your studies, do a little every day and you will be well prepared for the exams. Enjoy what you learn – it is a journey of enrichment.



Francois Maritz**Nickname:** Fritz**How long have you been with the ICP?** 1 year 3 months**Your role at the ICP:**

Lecturing, marketing, community projects

Qualifications: BA

Psychology, Post Graduate

Diploma - Business Admin

Alma mater: Tukkies**Favourite subject as a student:** Psychology/History**Favourite Movie:** Forest Gump**Favourite Song:** Hotel California (The eagles)**Tanya Vorster****Nickname:** Tans /Tandjies**How long have you been with the ICP?** Almost 3 Months**Your role at the ICP:** PA to Prof Joubert/ Receptionist/ Office manager**Qualifications:** N3 in Business studies and also studied Beauty therapy.**Alma mater:** South West Gauteng College**Favourite subject as a student:** Computer Practise**Favourite Movie:** Sweet November**Favourite Song:** This is a very difficult question.

Music is part of my soul and I have a 1000 favourites.

Your message to students this year: Don't underestimate your study time, work hard every moment you get, at the end it is only to benefit you and no one else.**Marzaan van Staden****Nickname:** No nickname**How long have you been with the ICP?** Since

January 2011

Your role at the ICP:

Administrator

Favourite subject as a student: Business economics**Favourite Movie:** Pretty

woman

Favourite Song: Don't have a favourite song.**Your message to students this year:** Enjoy the year and study hard!!**Zipporah Nonkuthalo Sigwili****Nickname:** Kuku, Zippy or Zip**How long have you been with the ICP?** Since February 2008**Your role at the ICP:**

Lecturing, Tutoring and counselling students and other clients.

Qualifications: BA and UED (University Education Diploma)

BA (Hons) Psychology – University of Transkei

MA (Clinical Psychology) – University of Natal, now called the University of Kwazulu Natal

Alma mater: University of South Africa**Favourite subject as a student:** History, Psychology and English**Favourite Movie:** Sound of Music**Favourite Song:** Let your Living Waters flow over my soul by Jimmy Swaggart**Your message to students this year:**

Psalm 36:9: "For with you is the fountain of life, in your light we see light". This vivid image gives us a sense of fresh, cleansing water that gives life to the spiritually thirsty. This same picture is used in Jeremiah 2:13, where God is called the "spring of living water". Jesus spoke of himself as living water that could quench thirst forever and give eternal life (John 4:14). May you be such "living water" for the ICP, yourself, God, your family, friends in church, non-Christians who live and work around you (greater community) in 2011.

**Sandy van der Westhuizen****Nickname:** Sandy**How long have you been with the ICP?** 2 years**Your role at the ICP:** Part time

lecturer: Counselling the

Adolescent B

Qualifications: BA HONS

Psychology

Alma mater: UJ (previously RAU)**Favourite subject as a student:** Psychology**Favourite Movie:** Into the wild**Favourite Song:** Michael W Smith: All I Want**Your message to students this year:** God is continually taking us on a journey with Him to a more intimate relationship of wholeness, joy and peace with Him. Let us embrace this journey day by day!

Cornelia Slabbert

Nickname: Connie
How long have you been with the ICP? 3 years

Your role at the ICP: Financial Administrator / HR Manager

Qualifications: Member of the Institute of Certified Bookkeepers; HED Junior & Pre-primary; Further Diploma in Education Remedial Teaching; accredited assessor; THRASS specialist; Tax practitioner

Alma mater: Goudstad Teacher's College, Teachers college of SA and North West University

Favourite subject as a student: Accounting, Remedial Teaching

Favourite Movie: Fireproof

Favourite Song: How great is our God

Your message to students this year: Always beg for God's wisdom in all you do. And do everything as if for the Lord.

**Zelmarie Joubert**

Nickname: None

How long have you been with the ICP? About 10 yrs

Your role at the ICP:

Lecturer

Qualifications: BA & BA Hons (Psychology)

Alma mater: UJ & UNISA

Favourite subject as a student: Psychology & English

Favourite Movie: The Chorus

Favourite Song: The Prayer

Your message to students this year: Support the Student Council and become involved in ICP community projects.

**Prof Anton Senekal**

Nickname: None

How long have you been with the ICP?

Approximately 3 years

Your role at the ICP: Moderator and lecturer

Qualifications: Doctorate in Sociology

Alma mater: Rand Afrikaans University (Presently University of Johannesburg)

Favourite subject as a student: Psychology

Favourite Movie: The Mission

Favourite Song: You raise me up

Your message to students this year: Live each day with passion your eyes fixed on Jesus.

**Josephine Mathabathe**

Nickname: Mmasetholela (quiet one)

How long have you been with the ICP? 15 years – from 1996 – 2011

Your role at the ICP:

Cleaning and Refreshment server (chef)

Favourite subject as a student: English, Agriculture &

Northern Sotho

Favourite Movie: "Who's afraid of Virginia Wolf?"

Favourite Song: Ngiyakuthanda Mtyangcwele (I love you Holy Spirit) by Benjamin Dube

Your message to students this year:

Jeremiah 10:6 "No one is like you, o Lord; you are great and your name is mighty in power".

I Corinthians 7:7b "...But each man has his own gift from God; one has this gift, another has that.

Therefore let us all use our gifts".

Johannes Litokwe Mokwena

Role at ICP: Handyman & Gardener

Message to students: Please remember to sign the register when attending class.

**Bernard Coetzee**

Nickname: Bernard

How long have you been with the ICP? 3 Years

Your role at the ICP: Lecturer

Pastoral counselling

Qualifications: PhD

Alma mater: Tuks

Favourite subject as a student: Pastoral Care and Counselling

Favourite Movie: As it is in Heaven

Favourite Song: Jesus, all for Jesus

Your message to students this year: You only live once, live it to the fullest; and live everyday as if it is your last day.



Willem Joubert

Role: Lecturer of Industrial Psychology I, Presenter of Luke 10 Transformation (L-10-T) workshop. Assistance with accreditation of programmes.

Qualifications: MBA, Diploma in Ministry, accepted for enrolment for a PhD in Practical Theology.

Hobbies or interests: Reading, movies, nature, table tennis and squash.

What inspires me: The Word of God and hearing about His great deeds in our time.

Favourite subject as a student: Strategic Management.

Message to students: Remember that you, as a Christian, are fulltime in God's service. Start living your faith every day as a minister of God. Be salt and light wherever you go!

**Prof Annalie Pistorius**

Nickname: Annalie

How long have you been with the ICP? 3 years

Your role at the ICP: Lecturer BPsych Community Psychology

Qualifications: MA Clinical Psychology, D Litt et Phil Psychology; registered clinical and industrial psychologist

Alma mater: UP and UNISA

Favourite subject as a student: Psychology and philosophy

Favourite Movie: The King's speech

Your message to students this year: Be a Christian social activist

**Renée Kleynhans**

Nickname: None

How long have you been with the ICP? Since 2011

Your role at the ICP: Maths bridging course

Qualifications: B.Sc (hons), also a 'doctorate in domesticology'

Alma mater: RAU

Favourite subject as a student:

Maths....obviously....but a serious lack in creativity

Favourite Movie: Immortal beloved

Favourite Song: Anything sung by James Blunt

Your message to students this year: BYT VAS!

Karen Els

Nickname: Karen

How long have you been with the ICP? Since 2010

Your role at the ICP: Off campus lecturer

Qualifications: Occupational therapist and Clinical Psychologist –

BScOT, BSc, BScHrs, MA Clinical Psychology

Alma mater: Wits

Favourite subject as a student: Biology

Favourite Movie: Many favourites although loved the story line of the recently released movie "The Kings Speech"

Favourite Song: Any Josh Groban song

Your message to students this year: Strive to be a good steward of the intellectual property and potential you have been give - Work hard and prepare well. May God bless you as you studies.

**Helena Kriel**

Nickname: Helena

How long have you been with the ICP? Since August 2010

Your role at the ICP: Lecturer for Research Psychology 3A and Psychological Assessment

Qualifications: MA (Psychology)

Alma mater: University of Pretoria

Favourite subject as a student: Afrikaans Literature

Favourite Movie: As it is in Heaven

Favourite Song: Hallelujah Chorus from GF Handle's Messiah, Lief vir alles hier – André Schwartz

Your message to students this year: You cannot keep a good horse down



No one can whistle a symphony. It takes a whole orchestra to play it.

– H.E. Luccock

Adventures in Private Practice

By Roché Snyman

A friend once commented on me having such a nice job...she imagined me sitting on a comfy chair all day, chatting to interesting people, and charging them huge amounts for the conversation. At the time I laughed with her at her perception of how hard the life of a “shrink” can be. Afterwards however I was pondering this perception and realised that most people have no idea of how hard one works during that hour long session!

“...most people have no idea of how hard one works during that hour long session!”

One of the challenges for me in private practice is to be 100% present and on top of your game all the time! For every client, their hour is the only hour in their week and makes all the difference to them. They want every second to count and as their counsellor I often feel this huge responsibility to make it happen for them! So I find myself in top mode of concentration, creativity, energy and effort – every hour of the typical day in a practice. No time for lulling about, having a leisurely coffee while you think about the past weekend, or chat with fellow colleagues!

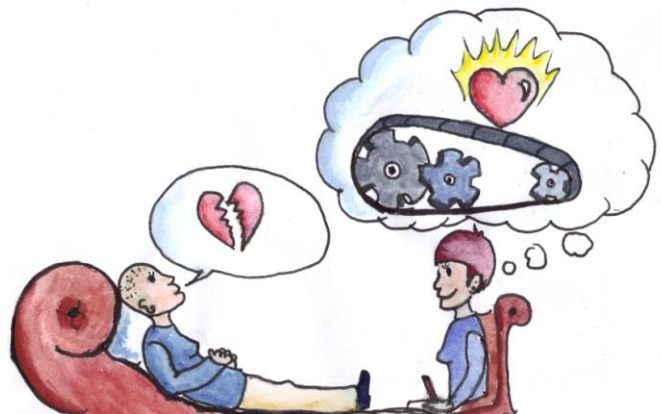
This pressure to perform is often intensified by the fact that we live in such a consumer culture. People want answers to their life-long problems in a few seconds. I often have to remind them that they have been living with their baggage for years and that I do not have a magic wand... It sometimes feels as if they expect you to google them and then the computerised Shrink will just spit out the 1,7 million hits to all their emotions and agendas and thoughts in their life span, and prioritise it in order of importance! How cool would that be? Imagine being able to google your patient and finding a well-worked out intervention plan with therapeutic techniques, questions etc. as road map to the subconscious!

Alas, the world of psychotherapy rarely presents us with quick fixes. It takes real soul searching to wade through our complex memories, thought paradigms and associated emotions. Only after a while in therapy do clients really realise the immense worth in slowing down, spending time in reflection and learning to be patient with themselves and others.

“One of the really good perks of the job is that I never get bored.”

I often marvel at how wonderfully complex God made us! As humans He has given us so much sensitivity and depth – what a wonderful privilege to work with people’s uniqueness!

One of the really good perks of the job is that I never get bored. Although some of the stories of clients have elements in common, they are always perceived in a very unique way by each one. Truly the old psychological adage that “if you treat two patients in exactly the same way, you can be sure that you have treated at least one of them incorrectly” holds true! With every client I have the opportunity to engage in a totally unique and creative way. This is also the challenge for the counsellor, to see the individuality of every person and refrain from labelling/diagnosing with preconceived ideas.

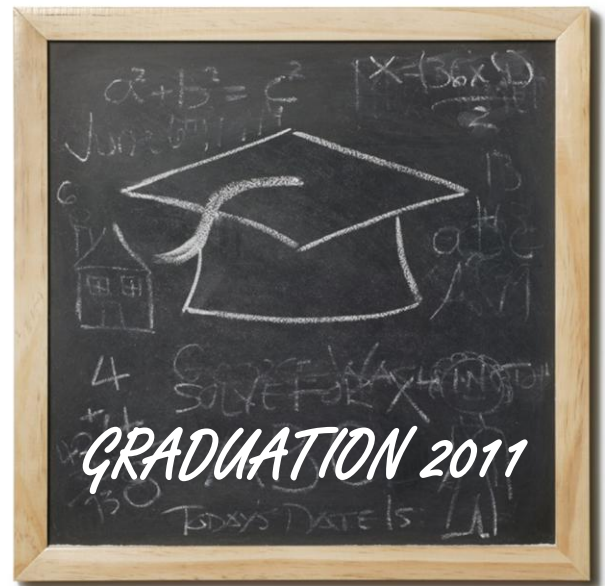
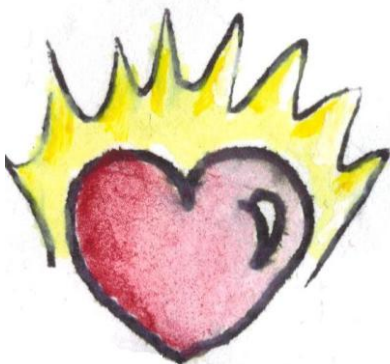


Although the world of counselling is very serious - dealing with the negative elements of people's lives, I also find that we laugh quite often in our sessions. Humour is a good antidote, and my most favourite clients are those with the ability to laugh at themselves and to find some element of lightness in the heaviness of the work of therapy. These are also the clients who tend to be more resilient in the face of adversity. What I know now is that one's sense of humour is a God-given talent that is one of our most powerful coping skills in life.

“...although she had much pain, she always tried to stay positive and full of courage.”

Some clients in particular inspire me to live with courage and with faith. I remember one woman in particular who lost her voice completely as a result of a malignant tumour. She had to have a trachea inserted to be able to breathe. Although it was very difficult to communicate with her, we managed to have the most interesting conversations around purpose and God's plan for our lives! She was such an inspiration to me, we both chuckled at her newly shaved head some time into her chemotherapy, and although she had much pain, she always tried to stay positive and full of courage. What a wonderful lesson she taught me about perseverance, faith in our heavenly Father, and fighting for what you believe in! Today she is completely healed and the first time I heard her voice out loud it was such a beautiful sound!

These are the moments that make it so worthwhile to invest one's time in counselling others. I count it a blessing to be trusted with other people's "holy ground" and believe that with the Holy Spirit as my co-therapist, I can really make a significant difference! 🇿🇦



Congratulations to all the graduands of 2011!

Postgraduate Bridging Course in Christian Psychology

- Blignaut, Reinet Helene
- Muller, Jacobie Aletta
- Ngcobo, Nomcebo
- Van Wyk, Margaretha
- Watkins, Debbie Thelma
- Webster, Monique
- Zwart, Penelope (with distinction)

Certificate in Christian Counselling (Basic Christian Counselling Course)

- Bothma, Jessie Elmari (with distinction)
- Austin, Svetlana (with distinction)
- Bruni, Samantha Amelia (with distinction)
- De Witt, Frederik Hendrik
- Ginindza, Mantfombie Nanaza
- Labuschagne, Virginia Audrey (with distinction)
- Le Maitre, Marie Elize (with distinction)
- Meredith, Francesca Monica (with distinction)
- Nel, Catherine (with distinction)
- Noeth, Lonette (with distinction)
- Ntobeng, Nomsa Maria
- Oelofse, Tania (with distinction)
- Pokiya, Nolufefe
- Potter, Avril
- Vermaak, Nicolaas (with distinction)

Advanced Christian Counselling Course

- Rossouw, Deborah Barendina (with distinction)

Baccalaureus Artium (Christian Psychology)

- Austin, Mercia (cum laude)
- Clarke, Michelle
- Du Preez, Melinda
- Kroukamp, Cornelia
- Moatshe, Margaret
- Muyanga, Makatekwa Zakia Aisha
- Snyders, Celeste
- Townsend, Olga Helena Elizabeth
- Venton, Elaine Susan (cum laude)
- Watt, Jeanne Francoette

SEASONS IN THE SUN

By Antoinette van Staden

As I sat at the ICP's annual graduation ceremony on 16 March, I realised that another season has ended for our graduandi and diplomandi and a new one will start for them. Each year I feel so proud of our students, not just random pride, but the kind of pride a mother feels when her child achieves something great.



You see, although a lot of the ICP students are old enough to be my older sibling or even my parent, I feel such a sense of protection over them. I cry and laugh with them and share so much of their triumphs and heartaches. At the same time they have supported me every time my Mom had another relapse, when I had my beautiful son, and recently when my own health was giving me problems.

It made me realise that the relationship we share, is way more than the normal administration – student relationship. It is the relationship you get when you are part of a Christian Community.

Now, over the past couple of months, I've heard so many people talk about seasons. For some of you, your season of studying has ended, for other that season only started recently. You might feel that you won't cope with everything, but remember that the Lord places us in a season for a reason.

We often anticipate the next season of our life. Never knowing if it will be better than the present season, but surely praying that it will!! We worry about what will happen tomorrow, or next month or even next year, and often forget what we have now.... What we should realise is that we need to live for the now and trust God for the tomorrow. The Bible says in Matthew 6:33-34 (New King James Version) ³³ But seek first the kingdom of God and His righteousness, and all these things shall be added to you. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble."

I think if we can start by trusting God to provide, we will be able to see the blessings of the here and now. I know that sounds like a cliché, but believe me when I say that I was once again taught this the hard way and therefore I can say with confidence that it is true!! Although it was not easy, and I felt like I was alone in my struggles, the Lord showed me that He never left my side and neither will He leave yours!

May your current season be filled with God's grace and richest blessings and may your next season be even better!! Until we meet again!

Study, Study, Study...

True & Inspirational Quotes

"Study is the bane of childhood, the oil of youth, the indulgence of adulthood, and a restorative in old age" - **Walter Savage Landor**

"The bitterness of studying is preferable to the bitterness of ignorance" - **Author unknown**

"Seeing much, suffering much, and studying much are the three pillars of learning." - **Benjamin Disraeli**

And further, my son, be admonished by these. Of making many books there is no end, and much study is wearisome to the flesh. **Ecclesiastes 12:12**



Interesting facts about sleep & dreaming:

We can only dream about faces we've already seen, whether we actively remember them or not.

12% of people dream only in black and white. This number used to be higher but since the advent of colour television, more people dream in colour than before.

1 in 4 married couples sleep in separate beds.

You'll die from sleep deprivation before food deprivation. It takes 2 weeks to starve, but 10 days without sleep can kill you.

Within 5 minutes of waking up, 50% of your dream is forgotten. Within 10 minutes 90% is gone.

Coaching, Mentoring, and Counselling – A Brief Comparison

By Dr Hennie Scheepers

Many a time we will hear people use the words *coaching*, *mentoring*, and *counselling* interchangeably. Since these words have different meanings, and represent different approaches and applications, the correct and appropriate use of these words is quite important. To address this situation, the current article has been written to briefly consider the three concepts in terms of their basic definition, as well as the contexts within which they are to be encountered.

Counselling

Let us start by looking at the first of the three words, which may be best known to students of the ICP. Although there are many possible approaches and definitions, it would be in order to state that *counselling* is a professional psychological intervention aimed at identifying and addressing causes of experienced difficulties in life, with some emphasis on the past and with the intention of perhaps changing behaviour going forward. Counselling is usually not a long-term intervention, and would quite often lead to some outcome within six to eight sessions, depending on the nature and severity of the challenge. Further to this, the counselee and counsellor will agree on the agenda for the counselling process, and there are usually no specific other direct participants involved.

“Coaching assumes clients are mentally healthy, and hence does not attempt to address any underlying psychological causes...”

Coaching

Changing our focus to that of *coaching*, we will see that coaching refers to one person assisting another in improving their awareness, to formulate and achieve goals, with the intention of improving performance on one or the other task, which is usually work-performance related. The UK-based Chartered Institute of Personnel and Development identify the following characteristics of coaching: there is a specific time-frame within which the coaching intervention is to be concluded – the focus is much more direct and short-term; people are assisted with the identification of their strengths and weaknesses, which is done through a feedback process; and there is a much larger focus on work-related performance and less on personal issues. Thus, when compared to counselling, coaching is seen to have a much narrower focus, sessions take on a much more structured style, it assumes clients are mentally healthy, and hence does not attempt to address any underlying psychological causes for the current lack in the client’s work-related

performance. Coaching is therefore entered into where individuals feel the need to improve their work-related performance within an organisational context. The last statement is indicative of another difference between counselling and coaching, which is that coaching would usually involve other stakeholders, such as the organisation for which the individual is working.

Mentoring

Changing the focus to *mentoring*, which is most often confused with coaching, it is said that mentoring is usually offered by a more senior and better qualified member of staff to someone younger and less experienced. The purpose of the mentoring relationship is to assist younger persons with their professional development; this assistance is done more informally, and is not usually restricted to a specific timeframe – mentoring can in fact take place over several years. Within the mentoring approach, the so-called mentee is also considered from a wider perspective, and there is usually no emphasis on a specific problem. The overall intention with mentoring is to provide access to a positive role model within a specific industry through which personal and career developmental issues are addressed. One of the main differences between mentoring and coaching is that the mentee identifies someone as a possible mentor and approaches that person with a request to be mentored. In the coaching context, it happens that organisations may appoint professional coaches to assist an individual employee to meet work-related requirements.



“The purpose of the mentoring relationship is to assist younger persons with their professional development...”

It is important to understand why the three concepts are to be differentiated from one another. In principle it would make sense to indicate that all three these approaches, while aimed at assisting people to grow and develop in either a personal or professional capacity, are delivered by people with different skills sets and training and utilise different approaches to clients. As a student of the field of counselling, it is important to know what your scope of practice will entail, as this will enable you to offer an intervention you have been trained for, and which best serves the needs of your client. 🌈

Student Council 2011

Student Council President & Student Support Officer



As many of you may know, my name is Elaine Carlisle-McCallum and I am the Student Council President for 2011 and I am currently busy with my 3rd year BA degree. I have spent a number of years studying for my theology degree and finally received my doctorate in 2006. It was a privilege and honour to study God's Word and I am in awe of

Him. No matter how long you study God's Word, you still never know everything there is to know about God's greatness.

As president of the Student Council I oversee all activities that we have chosen to be involved with. We have assisted the office staff with the ICP Open Day and Graduation, welcoming the new students and saying farewell to those who have qualified. Together with the office staff, we have also arranged the Eagles Excellence soccer event where we played a game of indoor soccer against a very well prepared team. We however all enjoyed the day regardless of what the score board stated.

I also fulfill the role of Student Support Officer which entails contacting all the students and enquiring how they are doing with regards to their studies, as well as to assist them with any problems. Majority of the students were happy, with only a few complaints which have been taken care of. The other role that I gladly fulfill in this position is sending out the prayer requests that students have and as we all agree for God's intervention in their situations, we know that God's Will is being done.

In the second semester we will be focusing more on Epworth Children Home's needs. This is a community project that the ICP is involved with and they have many physical needs and our goal will be to ensure that all those needs are met. The Student Council will be in contact with you in the new semester to inform you how you can get involved. Watch this space!!!

Should you wish to contact me, my email address is elainecarlisle@gmail.com and my cell phone number is 082 445 9017. I look forward to hearing from you and will assist wherever possible.

God Bless, Elaine

Community Services Officer



My name is Ntombi Qoyi and my office involves Epworth children's home where we volunteer by spending time with the children and helping them with their homework. We are also collecting donations for the things that they need.

As student council member I would really love for more ICP students to get involved with the work that we are doing at Epworth home. After a visit to Epworth on 14 February this year a thorough needs assessment showed that they firstly need volunteers to help children with their homework.

Should students wish to get involved in volunteering at the home, they should sign up to help and we will together assist the children one day of the week. As soon as we have volunteers the help will commence. The volunteers will help out with the children's homework until mid May 2011 and I will personally lead this group.

The second need is for hosts to open their homes for the children from Epworth during school holidays. Some of the children do not have relatives to visit during the holidays and if students are able to assist or know of anyone who can take a child for the holidays, they should please contact me during July to arrange this.

Lastly Epworth has informed us of basic needs such as bedding, clothing, household accessories, household cleaning items, household furniture, and groceries. They also urgently need stationery. Their television recently broke and they are in desperate need of a new one. If you know of anyone who can help, please contact me during July.

My vision is to get the students involved in helping meet the needs of these children. We are going to have to work together to help these children as I cannot do it all alone. Students can place extra items in their shopping trolleys for the Epworth's collection, clear out their linen cupboards etc. and can then drop the items off at the ICP office which I will deliver on homework days. Should students live outside of Gauteng, they can bring the items whenever they can as the deadline for the collection is July.

Should you wish to get involved in any way please contact me on my cell at 079 768 1124 or email me at ntombiqoyi@gmail.com.

Ntombi Qoyi

ICP Community Work Eagles Excellence Soccer Team Community Project

By Elaine Carlisle-McCallum



The ICP Soccer team ready for action

The Eagles Excellence soccer team is a young group of individuals who have out of their own initiative, got together and formed a soccer team and play other teams competitively. The Institute of Christian Psychology decided to become involved in this project and the Student Council arranged a soccer match between the Eagles Excellence team and the students of the Institute of Christian Psychology. This event took place on the 16th April this year and ended up being a great success.



The Eagles Excellence Soccer team

We all arrived on the cold Saturday morning, ready to tackle our soccer opponents. The Eagles Excellence team arrived at the venue with no knowledge that they were playing indoor soccer against us. They were totally surprised about the event as they have never played indoor soccer before. We began by warming up and learning the rules of indoor soccer and finally

the 'games began'. The ICP students were taken by complete surprise in the first game losing 16-3 to the Eagles Excellence team. However, when the second game began, we had devised a plan of action and although we lost the game 9-4 our performance certainly improved. We must admit though we were definitely outplayed on the day. Everyone walked off the field totally exhausted but all smiling as a result of total enjoyment.



Opponents face-off before the big game!

While everyone was trying to catch their breath, we had prize giving which included a young gentleman by the name of Ernest from the Eagles Excellence team winning best player on the day; another young lady won funniest player and two players on the ICP team won awards for "Most time spent on the ground during play" and the other player won "Most goals scored by an individual player".

For those of you who could not make it, you really missed an enjoyable morning and hope you are able to make our next event!



Star player of the day, Ernest from the Eagle's Excellence Team

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